



Report From the Chair



So many wonderful fundraising events, presentations, and program development has occurred since our last newsletter! It's all so exciting to see. Please check out our new and improved website www.wheatlandhospice.ca for more in depth information, as well as timely updates on future events.

I am so proud of the tremendous effort and countless hours contributed by our volunteers and by so many others in the community that share the Board's vision for quality and compassionate palliative care right here in Wheatland County. We're 1/3 the way to our Capital Building Campaign. Thank you from the bottom of my heart to each and every one of you.

Dr. Joni McNeely,
Chair, Wheatland & Area Hospice Society



Upcoming Events:

November—TBA Alberta Caregivers Support Group Binder Launch. These binders have been put together by WFCSS, FCSS, Growing Opportunities, and Alberta Mental Health (and WAHS). They are a free resource for caregivers of those with Dementia/Brain Injury, Developmental Delays, COPD, Mental Illness, and those in Palliative Care. They will be available at MD's, PCN, or WFCSS/FCSS offices, through the WAHS Palliative Navigator, or from each of the COMPASS facilitators in your town.



Good Grief,
Charlie Brown

Speaker, Tracy Sutton,
MSc, R. Psych.
Manager,
AHS Grief Support Program

October 2 • 7pm
Strathmore High School
Auditorium
No Charge admission

Followed by WAHS AGM
Coffee and discussion
afterwards.....



Save the Date:

Nov 21.. Dying2Learn
Wheatland presents :

"In the Dead of Winter"
Coping with the Holiday
Season. Location TBA.

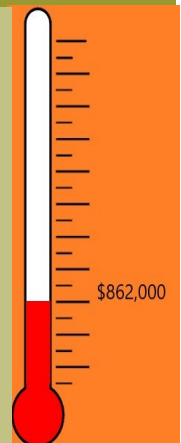
Nov 21... National Bereavement Day. Invites all Canadians to reflect on the importance of relationships past and present, to think about those who have passed from our lives, and to help advocate for supports at the provincial and national levels for grieving Canadians.

FYI NOVEMBER 7, 2018 WHEATLAND FURTHER EDUCATION SOCIETY Wills, Enduring Power of Attorney, and Personal Directives workshop will be held 7-9pm. Lynn Woods will touch on Advance Care Plans. Contact the Wheatland Further Education Society for registration.

Call: 934-9785 or info@wfes.ca

Recent Donations and Fundraising Results:

- Gleichen/Cluny Lions Club Bullerama** July 2
Over \$20,000
- Murray Chrysler** Donation \$700 +
- Hike for Hospice** \$20,000 +
- Steering towards Hospice** \$120,000 approx
- Classic Cars** donation \$800
- Strathmore Regional Victims Services Golf Tournament** \$2500



AHPCA Roadshow "A Mindful Finale: Spirituality and Ritual at End-of-Life" held June 6 at the Strathmore Civic Center was attended by over 90 volunteers, healthcare personnel, and community members. This full day workshop was an outstanding success. We look forward to more AHPCA events in the future!



We did it!! Thanks to everyone who has helped contributed to the development of our Outreach Programs.

Together we are working towards a caring and compassionate community.



WHEATLAND & AREA
Hospice Society

- Increase health and wellbeing
- Improve self management
- Reduce healthcare costs

A Palliative Approach: Compassionate Communities

"Asking For and Accepting Help"

"Recognizing and Offering Help"

Dying2Learn Wheatland

1. Speakers Series

Quality and compassionate education for patients, family, and community

2. Support Groups

Monthly facilitated gatherings discussing various topics

www.wheatlandhospice.ca
or
watch for community notices

Palliative Navigator

- Early upstream support
- In-home visits with focus on living well now and preparing for transitions as illness advances

Call 403-934-8199
or
Referral forms available at PCN or MD offices
Or
WFCSS/FCSS offices

Bedside Respite Volunteers

- Supports clients and family when dependency and symptoms increase
- Respite Services
- Home or Hospital

Referral by Palliative Home Care RN (community)
or
Strathmore Hospital Acute Care Staff (hospital)

No One Dies Alone

- Bedside vigil as required in final days

Referral by Strathmore Hospital Acute Care Staff

Using an evidence-based community development approach, Wheatland & Area Hospice Society seeks to achieve objectives in three areas:

- Culture (shifting community norms & practice around death and dying)
- Capacity (formal & informal supports around care, dying and loss)
- Compassionate communities (encourage inclusion and development of social care networks)



It's a wrap! The Serving Communities Internship Programs has been completed! Thanks

to our workers: Libby Wheeler, Tatum Wathen, Danielle Hauck, Jayda Stewart, Robbie Heckle, Brad Hendricks, Quaid McBean, and Wacy Sandum who worked hard at programming and fundraising events in the past year. Good Luck at your studies in the months to come!

Building Committee Report

The committee has been researching options for the building. We spent time evaluating the costs of converting an existing home to a hospice and viewed a couple large single family homes that appeared to be suitable. We found that there are too many requirements of a hospice by building code that makes it difficult to convert economically. IE complete barrier free design, fire alarm, commercial sprinkler system, washrooms for every bed etc.

We are currently in talks with the Town of Strathmore, The County of Wheatland, The Wheatland Housing Authority and The Wheatland Regional Planning Board in Regards to a possible joint venture.

THANKS!! to Gilbert and Gwen at Strathmore Hospital Day Program who gave our Bedside Respite volunteers a very informative in-service about Recreation Therapy in Palliative Care. Communication techniques and activity ideas were some of the topics discussed.



GREY CUP!! NOVEMBER 25, 2018

Come have a brew (or two) during the game and help support the Wheatland & Area Hospice Society!

