



Welcome Fall!

The Wheatland and Area Hospice Society continues our work towards having rural hospice beds in our community. Our society is 100% Volunteer operated and working hard to develop programs and raise funds for our Hospice.



Please join us at our upcoming events.

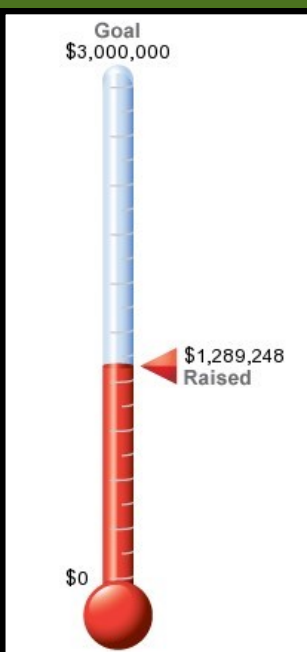
- ◆ October 23rd AGM and Dying2Learn featuring Dr Joni McNeely—Strathmore Library
- ◆ Dying2Learn Speaker series continues to provide expert information on subjects related to Death and Dying with an opportunity for discussion following each presentation.



### FARMING FOR HOSPICE

Our first “Farming for Hospice” project is almost completed and it has been a big success. We leased a quarter section from a Standard area farmer and have tried to keep the project as “local” as possible, as we do plan to have similar projects in the other communities in our area. We asked local residents to help by funding an acre of inputs, which we valued at \$300. So far we have “sold” 128 acres. With verbal commitments for more from several folks, we should get to our goal of 160 acres covered.

We have also received help from a few businesses who supply inputs, such as seed, chemical, insurance and freight, to the farmers. The crop was harvested on September 26th and the yield and quality of the grain was very good. The project will contribute considerably to our capital project.



Thanks to the generosity of our community we are getting closer to our goal of building a Hospice in our area. .

Steering Towards Hospice: \$83,161\*pre Steers

Hike For Hospice: \$48, 538\*

Farming for Hospice: \$101,706\*

Classic Car Show \$800\*

Strathmore Lions \$2,750

Royal Canadian Legion (Strathmore) \$2,000

\*Numbers are Gross



## Did you know....

- ♦ WAHS has put in 750 Volunteer hours in the Bedside Respite Program and 105 Hours in the NODA (No one dies alone) program in the last year
- ♦ WAHS has recently recruited more than 20 new volunteers to our Bedside Respite Program
- ♦ WAHS belongs to the the Calgary Rural Hospice Directorate—to advocate for greater palliative services and accessibility
- ♦ 25 local Health care workers are registered for LEAP (Learning Essential Approaches to Palliative Care) classes this November
- ♦ National Bereavement Day is November 19th -think about ways you can remember and honor your loved ones.

September 5th Dr Joni McNeely- Chair of the Wheatland and Area Hospice Society accompanied a group with representatives from Wheatland Lodge, the Villages of Wheatland County, the Town of Strathmore and the Lions to Edmonton to make a joint presentation to Minister of Seniors and Housing Josephine Pon. They shared the Business plan and spoke to the community collaboration, partnerships and funding on this project.



WAHS has agreed to be an additional Wheatland Housing Board member, and have been accepted.

### *Current Volunteer Needs*

- *Governance*
- ♦ *Communications, Marketing and Event Planning*

Contact us at

[info@wheatlandhospice.ca](mailto:info@wheatlandhospice.ca)

or 403-934-8199

### **PALLIATIVE NAVIGATION**

**During extended periods of illness, whether we're sick ourselves or providing care for someone else, it's normal to feel a bit overwhelmed. It's also during these periods that our support networks can fall away. The Palliative Navigator will assist you to see things a little differently, and to mobilize a network so that family, friends, and neighbours can contribute to your support. You can also elect a friend or relative to speak with the Navigator, to help you along this journey. Experts recommend you to get to know or strengthen these networks as early as possible, so everyone is "willing and able" when the need arises. We know it's hard to ask for and accept help. Not wanting to be a burden, wishes for privacy, and having others think you're not coping; it's normal to think and feel this way. Let the Navigator create some opportunities for you!**

**WAHS would like to extend our sincere appreciation to Gwen Schneider for her service to the board.**

**We are grateful you will stay on in a volunteer capacity.**