




Happy Spring!

The Wheatland and Area Hospice Society continues our work towards having rural hospice beds in our community. Our society is 100% Volunteer operated and working hard to develop programs and raise funds for our Hospice.

Please join us at our upcoming events.

- ◆ **Dying2Learn** Speaker series continues to provide expert information on subjects related to Death and Dying with an opportunity for discussion follow each presentation.
- ◆ The second annual **Hike for Hospice** is May 5th, grab some friends or co-workers and enter a team for some friendly community competition and fundraising for WAHS.
- ◆ May 25th is our **Steering Towards Hospice**. We have lots of exciting things planned for this event!

Upcoming Events—For more Information www.wheatlandhospice.ca




Life and Death Matters: A History of the Hospice Movement

Speaker:
Dr. Alison Murray, B.Sc. MD, MPH
Clinical Assistant Professor
at the University of Calgary,
Palliative Care

April 11 • 7pm
Strathmore High School
Auditorium
No Charge admission

Followed by Discussion



WHEATLAND & AREA
Hospice Society

2ND ANNUAL



Rain or Shine
Walk/ Individual or Team Registrations/ Donate

Hospice palliative care helps to improve end of life care in our community.


Win PRIZES for best Individual and Team Costumes!
Health and Wellness Booth!
Entertainment!

Sunday, May 5, 2019

Registration 12pm, North end of Kinsmen Park
Welcome ceremony 1pm
Hike 1:15pm-3pm
Walk around beautiful Kinsmen Park or challenge yourself to a longer loop around Grays Park
Kids under 5 free

In the spirit of Compassionate Communities and working together, Wheatland & Area Hospice Society is gifting 50% of funds raised by FOCUS TEAMS to Strathmore Minor Hockey

REGISTER at www.wheatlandhospice.ca
OR Pledge Sheets available at Gray's Ltd, Value Drugmart, or local Town Offices



3RD ANNUAL STEERING TOWARDS HOSPICE DINNER AND AUCTION


Saturday, May 25, 2019

Carsland Hall
Doors Open 5:30 pm • Dinner 7 pm • Auction to follow



BBO Beef Dinner
Silent Auction and Live Auction

Purchase Your Tickets Today
\$50 per person
\$375 for a Table of 8
Contact: info@wheatlandhospice.ca, 403.934.8199
or pick up at Gray's Limited or order online www.wheatlandhospice.ca



WHEATLAND & AREA
Hospice Society



Thanks to the generosity of our community we are getting closer to our goal of building a Hospice in our area.

- Cluny Lions: \$2,500
- Cluny Lions Bullarama \$17,984.39
- Anonymous \$3,680
- Anonymous \$1,500
- Anonymous \$150,000



The Hospice Society has just kicked off a new fundraising activity in the Standard area. It is called "Farming For Hospice". A local area farmer has agreed to lease 160 acres of land to us and farm it for us this year. We will provide all of the cash input costs through donations from local area residents. For \$300 they can provide one acre of inputs for the crop. The crop will be harvested and all of the proceeds from it will go towards our Society. Depending on the yield of the crop and the prices we get for the crop, we think that we can as much as double the amount of inputs donated. We are very optimistic that Farming For Hospice will be successful and that we can repeat the same model in the other communities in the area in the coming years.



WHEATLAND & AREA
Hospice Society
Life and Death Matters

Farming for HOSPICE: Standard

Help BUILD a HOSPICE in our AREA

BUY an Acre of Inputs for \$300

Receive a Charitable Donation Receipt

Gerry Kroon 403-471-6473
www.wheatlandhospice.ca

Watch Your Donation "GROW"



David and Marlis Nielson of Standard present Director Gerry Kroon with a cheque for the Farming for Hospice Project

Current Volunteer Needs



- ◆ *Governance*
- ◆ *Policy*
- ◆ *Intergovernmental Affairs*
- ◆ *Communications, Marketing and Event Planning*

Contact us at

info@wheatlandhospice.ca

or 403-934-8199

PALLIATIVE NAVIGATION

During extended periods of illness, whether we're sick ourselves or providing care for someone else, it's normal to feel a bit overwhelmed. And it's also during these periods that our support networks can fall away. The Palliative Navigator will assist you to see things a little differently, and to mobilize a network so that family, friends, and neighbours can contribute to your support. You can also elect a friend or relative to speak with the Navigator, to help you along this journey. Experts recommend you to get to know or strengthen these networks as early as possible, so everyone is "willing and able" when the need arises. We know it's hard to ask for and accept help. Not wanting to be a burden, wishes for privacy, and having others think you're not coping; it's normal to think and feel this way. Let the Navigator create some opportunities for you!



Recent presentations have been made to Strathmore Cancer Support Group, Wheatland Quilters, Calgary Palliative Care Conference, Carseland Jetsetters. Would your group like to hear more about what we are doing? Contact us to arrange a presentation.

info@wheatlandhospice.ca 403-934-8199

