

# APRIL 2019

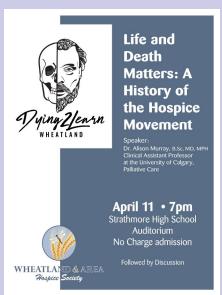
## Happy Spring!

The Wheatland and Area Hospice Society continues our work towards having rural hospice beds in our community. Our society is 100% Volunteer operated and working hard to develop programs and raise funds for our Hospice.

Please join us at our upcoming events.

- **Dying2Learn** Speaker series continues to provide expert information on subjects related to Death and Dying with an opportunity for discussion follow each presentation.
- The second annual **Hike for Hospice** is May 5th, grab some friends or co-workers and enter a team for some friendly community competition and fundraising for WAHS.
- May 25th is our **Steering Towards Hospice**. We have lots of exciting things planned for this event!

### Upcoming Events—For more Information www.wheatlandhospice.ca









Thanks to the generosity of our community we are getting closer to our goal of building a Hospice in our area.

Cluny Lions: \$2,500

Cluny Lions Bullarama \$17,984.39

Anonymous \$3,680

Anonymous \$1,500

Anonymous \$150,000



The Hospice Society has just kicked off a new fundraising activity in the Standard area. It is called "Farming For Hospice". A local area farmer has agreed to lease 160 acres of land to us and farm it for us this year. We will provide all of the cash input costs through donations from local area residents. For \$300 they can provide one acre of inputs for the crop. The crop will be harvested and all of the proceeds from it will go towards our Society. Depending on the yield of the crop and the prices we get for the crop, we think that we can as much as double the amount of inputs donated. We are very optimistic that Farming For Hospice will be successful and that we can repeat the same model in the other communities in the area in the coming years.





David and Marlis Nielson of Standard present Director Gerry Kroon with a cheque for the Farming for Hospice Project

#### Current Volunteer Needs



- ♦ Governance
- Policy
- Intergovernmental Affairs
- Communications, Marketing and Event Planning

Contact us at

info@wheatlandhospice.ca

or 403-934-8199

#### PALLIATIVE NAVIGATION

During extended periods of illness, whether we're sick ourselves or providing care for someone else, it's normal to feel a bit overwhelmed. And it's also during these periods that our support networks can fall away. The Palliative Navigator will assist you to see things a little differently, and to mobilize a network so that family, friends, and neighbours can contribute to your support. You can also elect a friend or relative to speak with the Navigator, to help you along this journey. Experts recommend you to get to know or strengthen these networks as early as possible, so everyone is "willing and able" when the need arises. We know it's hard to ask for and accept help. Not wanting to be a burden, wishes for privacy, and having others think you're not coping; it's normal to think and feel this way. Let the Navigator create some opportunities for you!



Recent presentations have been made to Strathmore Cancer Support Group, Wheatland Quilters, Calgary Palliative Care Conference, Carseland Jetsetters. Would your group like to hear more about what we are doing? Contact us to arrange a presentation. info@wheatlandhospice.ca 403-934-8199

